

Menu Items	Peanut	Nuts	Milk	Egg	Wheat	Soy	Sulphites	Mustard	Fish	Shellfish	Sesame	Gluten
Donuts												
Lemon fill donut	0	0	3	3	3	3	2	1	0	0	1	3
Venetian fill donut	0	0	3	3	3	3	2	1	0	0	1	3
Blueberry fill donut	0	0	3	3	3	3	2	1	0	0	1	3
Strawberry fill donut	0	0	3	3	3	3	3	1	0	0	1	3
Fudgebuster	0	0	3	3	3	3	3	1	0	0	1	3
Ghostbuster	0	0	3	3	3	3	2	0	0	0	1	3
Honey Glaze	0	2	3	3	3	3	3	0	0	0	0	3
Chocolate Dip	0	0	3	3	3	3	3	0	0	0	1	3
Vanilla Dip	0	0	3	3	3	3	2	1	0	0	1	3
Maple Dip	0	0	3	3	3	3	3	1	0	0	1	3
White Coconut cake donut	0	2	3	3	3	3	3	0	0	0	1	3
Toasted Coconut cake donut	0	2	3	3	3	3	3	0	0	0	1	3
Old Fashioned Plain cake donut	0	0	3	3	3	3	0	0	0	0	0	3
Honey Dew	0	0	3	3	3	3	2	1	0	0	1	3
Double Chocolate cake	0	3	3	3	3	3	3	0	0	0	0	3
Chocolate Glaze cake	0	2	3	3	3	3	3	0	0	0	0	3
Coconut White cake	0	0	3	3	3	3	2	1	0	0	1	3
Toasted -Chocolate cake	0	0	3	3	3	3	2	1	0	0	1	3
plain cruller	0	0	3	3	3	3	0	0	0	0	0	3
Apple Fritter	0	0	3	3	3	3	3	0	0	0	0	3
Blueberry Fritter	0	0	3	3	3	3	2	1	0	0	0	3
Cinnamon Bun	0	0	3	3	3	3	3	1	0	0	1	3
Bismark	0	3	3	3	3	3	3	0	0	0	0	3
French Cruller	0	2	3	3	3	3	3	0	0	0	0	3
Glazed White Cake eggs	0	2	3	3	3	3	3	0	0	0	0	3
Chocolate Glazed eggs	0	2	3	3	3	3	3	0	0	0	0	3
Sprinkle Eggs	0	0	3	3	3	3	2	0	0	0	0	3
Muffins												
Carrot Muffin	0	2	3	3	3	2	2	0	0	0	1	3
Blueberry Muffin	0	2	3	3	3	2	2	0	0	0	1	3
Chocolate Chip Muffin	0	2	3	3	3	3	2	0	0	0	1	3
Morning Glory Muffin	0	3	2	3	3	2	3	0	0	0	1	3
Banana Muffin	0	2	3	3	3	2	2	0	0	0	1	3
Harvest Corn Muffin	0	2	3	3	3	3	2	0	0	0	1	3
Raisin Bran Muffin	0	2	3	3	3	2	2	0	0	0	1	3
Lemon Cranberry Muffin	0	2	3	3	3	2	2	0	0	0	1	3
Apple & Spice Muffin	0	2	3	3	3	2	3	0	0	0	1	3
Zucchini Nut Muffin	0	3	3	3	3	2	2	0	0	0	1	3
Raspberry Yogurt Muffin	0	2	3	3	3	3	2	0	0	0	1	3
Other Bake Goods												
White Chocolate Macadamia Cookie												
Cranberry Tea Biscuit	0	0	3	3	3	3	2	0	0	0	0	3
Blueberry Tea Biscuit	0	0	3	3	3	3	2	0	0	0	0	3
Cheese Tea Biscuit	1	0	3	3	3	3	2	1	1	0	1	3
Plain Tea Biscuit	0	0	3	3	3	3	2	0	0	0	0	3
Raisin Tea Biscuit	1	1	3	3	3	3	2	1	0	0	1	3
Cranberry Oatmeal Bar	0	0	3	3	3	3	3	0	0	0	0	3
Raisin Oatmeal Bar	1	1	3	3	3	3	3	1	0	0	1	3
Apple Strudel	0	2	2	2	3	3	2	0	0	0	0	3
Raspberry Strudel	0	2	2	2	3	3	2	0	0	0	0	3
Croissant Plain	0	1	3	2	3	3	0	0	0	0	1	3
Strawberry Cream Cheese Danish	0	2	3	3	3	3	3	0	0	0	0	3
Maple Pecan Danish	0	3	3	3	3	3	3	0	0	0	2	3
Cinnamon Bun	0	2	3	3	3	3	3	0	0	0	1	3
Rice Krispy Square	0	0	2	3	0	3	2	0	0	0	2	0
Raisin Tarts	0	2	3	3	3	3	0	0	0	0	0	3
Pecan Tarts	0	3	3	3	3	3	0	0	0	0	0	3
Sandwiches												
Chunky Egg Salad Sandwich	0	2	2	3	3	3	2	3	2	0	2	3
Cranberry Chicken Salad Sandwich	0	2	3	3	3	3	2	3	2	0	3	3
Hearty Tuna Salad Sandwich	0	2	2	3	3	3	2	3	3	0	2	3
Classic BLT Sandwich	0	2	2	3	3	3	3	3	2	0	2	3
Smoked Turkey Sandwich	0	2	2	2	3	3	3	0	0	0	2	3
Smoked Ham & Cheddar Sandwich	1	2	3	2	3	3	3	1	1	0	2	3
Margherita Chicken Sandwich	1	2	3	3	3	3	2	3	2	0	3	3
Honey Ham & Swiss Sandwich	0	2	3	2	3	3	3	3	1	0	2	3

Tuscan Turkey Club Sandwich	0	2	2	2	3	3	3	0	0	0	2	3
Steak and Cheese Sandwich	1	2	3	2	3	3	3	3	1	0	2	3
Garden Vegetable Sandwich	0	2	2	2	3	3	2	0	0	0	2	3
Roast Beef Sandwich	0	2	2	2	3	3	3	0	0	0	2	3
Breakfast												
Bacon, Egg & Cheese Brekwich	1	2	3	3	3	3	3	1	1	1	2	3
Sausage, Egg & Cheese Brekwich	1	2	3	3	3	3	2	1	1	1	2	3
BBQ Steak, Egg & Cheese Brekwich	1	2	3	3	3	3	3	3	1	1	2	3
Egg & Cheese Bagel	1	2	3	3	3	2	2	1	1	1	2	3
Bacon, Egg & Cheese Bagel	1	2	3	3	3	2	3	1	1	1	3	3
Sausage, Egg & Cheese Bagel	1	2	3	3	3	3	2	1	1	0	3	3
BLT Bagel	0	2	2	2	3	2	3	0	0	0	3	3
Plain Bagel	0	2	2	2	3	2	2	0	0	0	2	3
Sesame Seed Bagel	0	2	2	2	3	2	2	0	0	0	3	3
Whole Wheat Bagel	0	2	2	2	3	2	2	0	0	0	2	3
Cinnamon Raisin Bagel	0	2	2	2	3	2	2	0	0	0	2	3
Multigrain Bagel	0	2	2	2	3	2	2	0	0	0	2	3
Everything Bagel	0	2	2	2	3	2	2	0	0	0	3	3
Cheese Bagel	0	2	3	2	3	2	2	0	0	0	2	3
Deli Cream Cheese	1	0	3	1	1	1	1	1	1	0	1	1
Light Cream Cheese	1	0	3	1	1	1	1	1	1	0	1	1
Cream Cheese Herb & Garlic	1	0	3	1	1	1	1	1	1	0	1	1
Peanut Butter	3	0	1	1	1	1	1	1	1	0	1	1
Strawberry Jam	2	2	2	2	2	2	2	2	2	2	2	2
Orange Marmalade	1	0	1	1	1	1	1	1	1	0	1	1
Hash Brown	0	0	0	0	1	0	0	0	0	0	0	1
Grab And Go												
Rice Pudding	1	1	3	2	2	1	2	1	1	1	1	2
Jello Cup	0	0	3	0	0	1	0	0	0	0	0	0
Homemade Yogurt Parfait Cup	0	1	3	3	3	3	3	0	0	0	0	3
Veggie Cup with Ranch Dressing	0	0	3	3	0	3	0	0	0	0	0	0
Veggie Cup with Hummus	0	0	0	0	0	0	0	0	0	0	3	0
Fruit Salad	0	0	0	0	0	0	0	0	0	0	0	0
Chili And Soups												
Cream of Potato	1	1	3	3	3	3	0	0	1	1	0	3
Country Vegetable	1	1	3	3	3	3	0	0	1	1	0	3
Cream of Mushroom	1	1	3	3	3	3	0	0	1	1	0	3
Creamy Garden Broccoli	1	1	3	3	3	3	0	0	1	1	0	3
Split Pea with Ham	1	1	3	3	3	3	0	0	1	1	0	3
Italian Wedding	1	1	3	3	3	3	0	0	1	1	0	3
Creole Chicken Gumbo	1	1	3	3	3	3	0	0	1	1	0	3
Chicken Noodle	1	1	3	3	3	3	0	0	1	1	0	3
Chicken with Wild Rice	1	1	3	3	3	3	0	0	1	1	0	3
Hearty Beef Vegetable with Barley	1	1	3	3	3	3	0	0	1	1	0	3
Tomato Bisque	1	1	3	3	3	3	0	0	1	1	0	3
Klondike Chili	1	1	3	3	3	3	0	0	1	1	0	3
Beverages												
Coffee	0	0	0	0	0	0	0	0	0	0	0	0
Decaf Coffee	0	0	0	0	0	0	0	0	0	0	0	0
Coffee Time Tea	0	0	1	0	0	1	0	0	0	0	0	0
Hot Chocolate	0	0	3	2	2	2	2	0	0	0	2	2
Vanilla Cappuccino	0	0	3	2	2	2	2	0	0	0	2	2
Peppermint Mocha Cappuccino	0	0	3	2	2	3	2	0	0	0	2	2
Café Mocha	0	0	3	2	2	2	2	0	0	0	2	2
Iced Coffee (with Regular Cream and Syrup)	1	3	3	2	0	1	2	1	1	1	1	1
Iced Cappuccino	0	0	3	0	2	2	2	0	0	0	0	2
Strawberry Banana Smoothie	0	2	0	0	0	2	0	0	0	0	0	0
Mango Smoothie	0	2	0	0	0	2	0	0	0	0	0	0
Coffee Chilla	1	1	3	2	2	2	2	1	1	1	1	2
Café Mocha Chilla	1	1	3	2	2	2	2	1	1	1	2	2
Hazelnut Coffee Chilla	1	3	3	2	2	2	2	1	1	1	1	2
Vanilla Chilla	1	1	3	2	2	2	2	1	1	1	1	2